W6A - Lesson 7, Journal 9-10, Draft 1

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**Journal 9 Prompt:*What does it mean to have integrity?***

Integrity means follow the rules, not doing anything against law and morality. Punishing the evil, promoting the good, and doing justice. A man of integrity will not be disturbed by external things, insist on doing the right and kind things. Or a man of integrity will not hesitate to help others when they are in trouble.

**Journal 10 Prompt:*What is the hardest lesson you’ve ever had to learn? Why?***

The hardest lesson I’ve ever had is the violin lesson. Because I had the violin lesson when I was four years old, and let a four-year-old girl play an instrument, it’s very difficult for me. I need to have the lesson once a week, but I have to practice the violin every day, because if I get a rest one day, I’ll become unskillful. I have to learn how to read the musical notation, learn the fingering of four strings on violin, and have to hold the violin bow. So, it’s very hard for me to had the violin lesson. But when I was ten, the doctor said if I don’t have to continue learning the violin, I’d better give up because my myopia has a lot to do with practicing. After much consideration, we gave up learning the violin, but since then, there has never been such a difficult lesson as violin.